

A new model for community mental health in the Black Country



Together with you to achieve healthier, happier lives



The case for change

People with severe mental illness need quicker and better access to services and support, close to the places and people that can help them get better and stay well (their community).

People across the Black Country don't always have the same access to support, and there is not enough specialist support for some conditions. This needs to change. The mental health services that are available in the community to support people with severe mental illness are transforming. The changes will include:

- Improving how health, care and voluntary organisations work together to support people
- Developing new services or support where it is needed
- Enhancing current services



Our aims

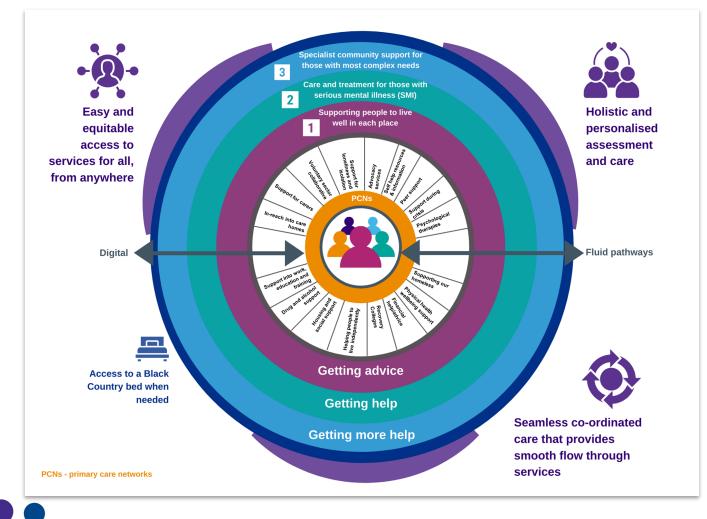
We will develop a new community mental health way of working and modernise community mental health services across the Black Country, taking into account the particular needs of our four places (Dudley, Sandwell, Walsall and Wolverhampton).

Our new model will focus on supporting people living in their communities with long term severe mental illness.

Easy and fair access to services	No more gaps	Better community support	Better reintroduction to services	Reduced waiting times
Mental health services 'wrapped around' you, ensuring access to holistic, personalised care close to home	Seamless ways to move between services, providing you with continual care	Working in partnership with you, and voluntary and community organisations to support you and your community's wellbeing	Simplified access to services after finishing treatment (if needed) to avoid you having to 'retell your story'	A holistic, personalised plan of care within four weeks of assessment



How it will look and feel different



NHS

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Black Country Healthcare

A new workforce model



The workforce to deliver our new model will include new and developing roles being drawn from:

- Existing NHS staff / re-skilled NHS staff
- Existing and new social care staff
- Existing and new community services sector staff
- Existing and new volunteers
- Existing and new peer support workers and experts by experience
- Developmental roles such as apprentices, trainees, junior doctors etc.
- International sources / Fellowship Programme



What this means for how Black Country Healthcare we work with partners



Optimising and maximising clinical leadership across primary secondary and tertiary health and social care and ensuring clinical leads for our programme in each PCN representing at Programme Board

Optimal use of PCNs, VSC Social Care and SCMHS space with improved joint working across Adults and Children's Social Care, Health and Primary Care

Digital partnership to deliver innovatiive access to therapies / digital inclusion and enablment

Values based training / awareness raising to ensure joined up fully transformative whole system shared vision and delivery across all partners

Strengthening voluntary and community sector involvement in the design and delivery of our model

Increasing VCSE capacity to deliver services, supported with supervision and reflective practice

PCN - primary care network VSC - voluntary sector council SCMHS - secondary care mental health service

PCN - primary care network VCSE - voluntary, community, social and enterprise sectors

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Discharge Funding Spend with Voluntary Sector Partners across the Black Country

The Voluntary Care Sector in all four localities of the Black Country provided proposals on supporting winter pressures in the Black Country through Discharge Funding spend. Each locality's proposal brought together a range of voluntary sector organisations to support Mental Health provision in the area alongside Black Country Healthcare NHS Trust.

Dudley offer



£137k winter pressures monies awarded



Additional support provided:

- Emergency counselling

Organisations involved:

- The Art of Change
- Lighthouse Counselling White House Cancer
- Dudley Stroke Association
- Citizens Advice Bureau
- Phase Trust
- Black Country Mental Dudley MIND)

Sandwell offer

£133k winter pressures monies awarded

Additional support provided:

Emergency counselling

- Suicide prevention sessions
- Peer support sessions
- Creative therapy both in group and 1:1 formats
- Therapeutic activities
- Specialist counselling sessions around dementia, acquired brain injury etc

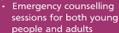
Organisations involved:

- The Kaleidoscope
- Sandwell African Caribbean
- Mental Health Foundation
- Age Concern
- Headway Black Country
- BUDS

Walsall offer

£134k winter pressures monies awarded

Additional support provided:



 Reach out offer to be promoted to local people to remind of mental wellbeing and support services available

Organisations involved:

- Being lead by One Walsall Mind Kind CIC
- Mettaminds
- Rose Tinted **Financial Services**
 - Zebra Access (support for blind, deaf and hard of hearing)
 - Believe to Achieve
 - Walsall Bereavement Services

Wolverhampton offer



£139k winter pressures monies awarded

Additional support provided:

- Emergency counselling
 - sessions
 - Tailored advice and quidance
 - Peer support sessions

Organisations involved:

- Aspiring Futures
- Black Country Mental Health
- Engage Trust UK
- Gloucester St Community Centre
- Headway Black Country
- St George's Hub
- TLC College
- WLGBT+
- Zebra Access











- Murray Hall





Thank you for listening, any questions?



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